
IN THE NAME OF ALLAH
DAILY AWRAD (Spiritual Practices) – Part 1 And 2
Naqshbandi Order Worldwide
Mawlana Shaykh Muhammad Adil Ar Rabbani

PART ONE

AU'ZU BIL'LAA'HI MI'NASH SHAY'TAAN NIR'RA'JEEM. BIS'MIL'LAAH IR'RAH'MAAN NIR'RA'HEEM. WAS'SA'LAA'TU WAS'SA'LAA'MU A'LAA RA'SOO'LI'NA MU'HAM'MA'DIN SAY'YI'DIL AW'WA'LEEN WAL AA'KHI'REEN. MA'DAD YAA RA'SOO'LAL'LAAH, MA'DAD YAA SAA'DA'TI AS'HAA'BI RA'SOO'LAL'LAAH, MA'DAD YAA MASH'AYI'KHI'NA, DAS'TUR YAA SHAYKH AB'DUL'LAAH AL FAIZ AD DAA'GHAS'TAA'NI, SHAYKH MU'HAM'MAD NAA'ZIM AL HAQ'QAA'NI, SHAYKH MU'HAM'MAD ADIL AR RAB'BAANI, MA'DAD.

1. **3x – SHAHADA** (Raise right hand's index finger and recite)
ASH HA'DU AN LAA E'LAA'HA IL'LAL'LAAH WA ASH HA'DU AN'NA MU'HAM'MA'DAN AB'DU'HU WA RA'SU'LUH.
2. **70x – ASTAGHFIRULLAH**
3. **1x – RABITA** (Ask for Permission to connect to Mawlana Shaykh)
4. **1x – SURAH 1 AL FATIHA**
BIS'MIL'LAAH IR'RAH'MAAN NIR'RA'HEEM. AL'HAM'DU LIL'LAA'HI RAB'BIL AA'LA'MEEN. AR'RAH'MAAN'NIR RA'HEEM. MAA'LI'KI YAW'MID'DEEN. IY'YAA'KA NA'BU'DU WA IY'YAA'KA NAS'TA'EEN. IH'DI'NAS SE'RAA'TAL MUS'TAQEEM. SI'RAA'TAL LA'ZEE'NA AN'AM'TA ALAY'HIM GHAY'RIL MAGH'ZOO'BI ALAY'HIM WA'LAZ ZAA LEEN. AAMEEN.
5. **1x – SURAH 2 BAQARA VERSES 285 AND 286**
AA'MA'NAR RA'SUU'LU BI'MAA UN'ZILA I'LAI'HI MIR'RAB'BI'HEE WAL MU'MI'NOON. KUL'LUN AA'MA'NA BIL'LAA'HI WA'MA'LAA'E'KA'TI'HEE WA KU'TU'BI'HEE WA RU'SU'LI'HI LAA NU'FAR'RI'QU BAY'NA AHA'DIM MIR RU'SUU'LIH. WA QAA'LUU SA'MI'NA WA AA'TA'NA GHUF'RAA'NA'KA RAB'BA'NA WA I'LAY'KAL MA'SEER (285).
LAA YU'KAL'LI'FUL LAA'HU NAF'SAN IL'LAA WUS A'HAA. LA'HAA MAA KA'SA'BAT WA ALAY'HAA MAK'TA'SA'BAT. RAB'BA'NAA LAA TU'AA'KHIZ'NA IN'NA'SEE'NA AW AKH'TA'NAA. RAB'BA'NAA WA LAA TAH'MIL A'LAY'NAA IS'LAN KA MAA HA'MAL'TA'HUU A'LAL LA'ZEE'NA MIN KHA'B'LI'NAA. RAB'BA'NAA WA LAA TU'HAM'MIL'NAA MAA LAA TAA'QA'TA'LA'NAA BIH. WAA'FU AN'NAA WAGH'FIR LA'NAA WAR'HAM'NAA. AN'TA MAW'LAA'NAA FAN'SUR'NAA A'LAL QAW'MIL KAA'FI'REEN (286).
5. **7x – SURAH 94 ASH SHARH**
BIS'MIL'LAAH IR'RAH'MAAN NIR'RA'HEEM. ALAM NASH'RAH LA'KA SAD'RAK. WA WA'DA'NA AN'KA WIZ'RAK. AL'LA'ZEE AN'QA'DA ZAH'RAK. WA'RA'FAA'NA LA'KA ZIK'RAK. FA IN'NA MAA AL US'RI YUS'RA, IN'NA MAA AL US'RI YUS'RA. FA I'ZA FA'RAGH'TA FAN'SAB. WA I'LA RAB'BI'KA FAR'GHAB.
6. **11x – SURAH 112 AL IKHLAS**
BIS'MIL'LAAH IR'RAH'MAAN NIR'RA'HEEM. QUL HU'WAL LAA'HU A'HAD. AL'LAA HUS SA'MAD. LAM YA'LID WA LAM YOO'LAD. WA LAM YA'KUL LA'HUU KU'FU'WAN A'HAD.
7. **1x – SURAH 113 AL FALAQ**
BIS'MIL'LAAH IR'RAH'MAAN NIR'RA'HEEM. QUL AU'ZU BI RAB'BIL FA'LAQ. MIN SHAR'RI MAA KHA'LAQ. WA MIN SHAR'RI GHAA'SI'QIN I'ZAA WA'QAB. WA MIN SHAR'RIN NAF'FAA'SAA'TI FIL U'QAD. WA MIN SHAR'RI HAA'SI'DIN I'ZA HA'SAD.

8. **1x – SURAH 114 AN NAAS**
BIS'MIL'LAAH IR'RAH'MAAN NIR'RA'HEEM. QUL AU'ZU BI RAB'BIN NAAS. MA'LI'KIN NAAS. I'LAA'HIN NAAS. MIN SHAR'RIL WAS'WAA'SIL KHAN'NAAS. AL'LA'ZEE YU'WAS'WI'SU FEE SU'DUU'RIN NAAS. MI'NAL JIN'NA'TI WAN NAAS.
9. **9x – LAA E'LAA'HA IL'LAL'LAAH**
1x – LAA E'LAA'HA IL'LAL'LAAH MU'HAM'MA'DUR RA'SOO'LAL'LAAH
10. **10x – SALAWAT**
AL'LAA'HUM'MA SAL'LI A'LAA MU'HAM'MA'DIN WA A'LAA AA'LI MU'HAM'MA'DIN WA SALLIM.
11. **1x – IHDA (DUA/GIFT)**
ILA SHARAFIN NABI, SALLALLAHU ALAYHI WA SALLIM WA ALIHI WA AS'HABIHIL KIRAM, WA ILA ARWAHI JAMEE AL ANBIYA WAL MURSALIN WA KHUDAMAI SHARAI'IHIM WA ILA ARWAHI AL AIMMATIL ARBA, WA ILA ARWAHI MASHAYYKHINA FIT TARIQATI NAQSHBANDIYATIL ALIYYA, KHASSATAN IMAMIL TARIQATI WA GHAWSIL KHALIQAT KHWAJA SHAH BAHAUDDIN NAQSHBAND MUHAMMAD AL UWAIYIY AL BUKHARI, SAYYIDINA ABDUL KHALIQ AL GHUJDUWANI, MAWLANA SHAYKH SHARAFUDDIN AD DAGHASTANI, MAWLANA SHAYKH ABDULLAH AL FAIZ AD DAGHASTANI, MAWLANA SHAYKH MUHAMMAD NAZIM ADIL AL HAQQANI, WA SAI'RI SADATINA WAS SIDDIQIYUN.
12. **1x – SURAH 1 AL FATIHA**
BIS'MIL'LAAH IR'RAH'MAAN NIR'RA'HEEM. AL'HAM'DU LIL'LAA'HI RAB'BIL AA'LA'MEEN. AR'RAH'MAAN'NIR RA'HEEM. MAA'LI'KI YAW'MID'DEEN. IY'YAA'KA NA'BU'DU WA IY'YAA'KA NAS'TA'EEN. IH'DI'NAS SE'RAA'TAL MUS'TAQEEM. SI'RAA'TAL LA'ZEE'NA AN'AM'TA ALAY'HIM GHAY'RIL MAGH'ZOO'BI ALAY'HIM WA'LAZ ZAA LEEN.
13. **3x – ALLAHU, ALLAHU, ALLAHU, HAQQ**

PART TWO

14. **1500x – Praise By Tongue of the Glorious Name "ALLAH"**
1500x – Praise By Heart (Silently) of the Glorious Name "ALLAH"
15. **100x – LAA ILAAHA ILLALLAH MUHAMMADUR RASOOLALLAH.**
16. **300x – SALAWAT – Praise upon Prophet Muhammad (Peace be Upon him).**
500x on Mondays, Thursdays and Fridays.
AL'LAA'HUM'MA SAL'LI A'LAA MU'HAM'MA'DIN WA A'LAA AA'LI MU'HAM'MA'DIN WA SALLIM.
17. **1 JUZ (Part) of HOLY QUR'AN** (download from www.Now.TrueIslamNow.com).
OR
100x – SURAH 112 AL IKHLAS
18. **One Chapter of DALAIL AL-KHAIRAT** (download from www.Now.TrueIslamNow.com).
OR
100x – SALAWAT
AL'LAA'HUM'MA SAL'LI A'LAA MU'HAM'MA'DIN WA A'LAA AA'LI MU'HAM'MA'DIN WA SALLIM.